



center
—for—
native
plants

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Bracken Fern

Pteridium aquilinum

Bracken Fern Family

- Large fern with vigorously spreading rhizomes, found in moist to moderately dry soils/disturbed areas. Can form dense colonies
- Increases soil fertility by bringing larger amounts of phosphate, nitrogen, and potassium into circulation through litter leaching and stem flow
- Newly emerged fiddleheads picked in spring are edible
- Considered a fire adapted species
- Rhizomes can be used to dye fiber into vivid yellows

