

Cary A. Monroe, hosted by the
USDA-NRCS PLANTS Database



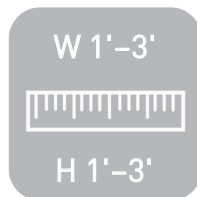
center
—for—
native
plants

White Sage

Artemisia ludoviciana
Aster Family



JUL-OCT



W 1'-3'

H 1'-3'



- Has soft, aromatic, silvery leaves
- Can spread quickly to form large colonies
- Good choice for a low maintenance, knee-to waist-high groundcover
- Good selection for areas with poor, dry soils
- Leaves can be used to make a tea that helps with stomach issues
- *Artemisia* refers to the Greek goddess Artemis, patroness of hunting and goddess of the Moon
- Used extensively by Native Americans to treat headaches, fevers, colds, and the flu