



Clarence A. Rechenthin, hosted by the USDA-NRCS PLANTS Database

# Echinacea Purple Coneflower

*Echinacea angustifolia*  
Sunflower/Aster Family

- A must-have for any pollinator garden
- Excellent forb for drought and poor soil tolerance
- Seeds are a food source for Goldfinches, Nuthatches, and Chickadees
- Used to boost the immune system and ward off colds and the flu
- Contains vitamin A, vitamin C, vitamin E, copper, iodine, iron, potassium, and sulphur



JUN-AUG



H 18"-24"

